









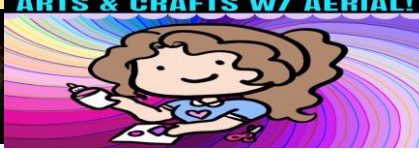



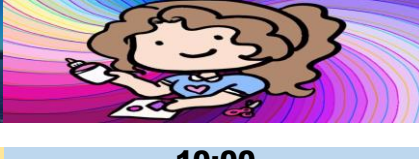






NAPD Zoom Class Schedule - February 2022

starts Monday 1/31

All classes Zoom ID - 610 004 7220

ends Friday 2/25

Day	9:30	10:30	1:15
Monday 	9:30 MORNING YOGA W/ BRE! 	10:30 DRAWING W/ AERIAL! 	1:15 Zumba w/ Amanda! 
Tuesday 	9:30 Morning Yoga w/ Bre! 	10:30 DRAWING W/ AERIAL! 	1:15 Zumba w/ Amanda! 
Wednesday 	9:30 Morning Yoga w/ Bre! 	10:30 ARTS & CRAFTS W/ AERIAL! 	1:15 Zumba w/ Amanda! 
Thursday THUMBS UP THURSDAY What is ONE thing that happened this week that was really GOOD? 	9:30 Morning Yoga w/ Bre! 	10:30 ARTS & CRAFTS W/ AERIAL! 	1:15 Zumba w/ Amanda! 
Friday FUN FRIDAY! 	9:30 Morning Yoga w/ Bre! 	10:00 Zumba w/ Amanda! 	11:00 The Chill Zone w/ DJ Rakashan! 